



# CARMEL SCHOOL

Opp. Head Post Office,  
Rosario Church Road, Mangaluru-575 001

( Affiliated to Central Board of Secondary Education, New Delhi- No. 830592)

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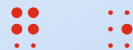
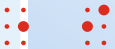
OUR LADY OF MOUNT CARMEL  
PATRONESS OF THE SCHOOL



## SCHOOL DIARY 2023-24

# **Mother Veronica of the Passion**

## **Foundress of the Apostolic Carmel**



Mother Veronica nee Sophie Leeves was born in 1823 in a pious, cultured English Anglican family. She was gifted with singular talents of mind and heart which were nurtured by sound education and wide travel.

In 1850, she embraced the Catholic faith and then responded generously to the call to religious life. She entered the Congregation of the Sisters of St Joseph of the Apparition in 1851, taking the name, Sister Mary Veronica of the Passion.

In 1862, she was sent to found a house of the Congregation at Calicut, India and there discovered an inner call to found a teaching Congregation of Active Carmelites to serve the need of faith formation through education of young girls of the West Coast of India. After facing many difficulties she founded the Apostolic Carmel at Bayonne, France in 1868 herself having first entered the Carmel of Pau, France.

The First group of sisters trained by her came to India in 1870 and were established in the Diocese of Mangalore. Circumstances forced her to re- enter the Carmel of Pau. She lived there a holy life of loving surrender to God until her death in 1906. She has been declared 'Venerable' by His Holiness Pope Francis on July 7, 2014. "A generous person will be blessed a hundred times". Her life of generous sacrifice and prayer has indeed borne abundant fruit.

Today the Congregation that she founded has grown into a mighty tree and the sisters of the Apostolic Carmel run hundreds of educational institutions not only in India but also in Sri Lanka, Pakistan, Kuwait, Bahrain, Africa and Rome. Her vision that "God Alone Suffices" has been kept afresh and green in the hearts of thousands of students through the joyful and dedicated service of the sisters in the field of Education. Her life becomes an example for us, to follow in her footsteps, to offer one's life in service of God and humanity, especially to the youth and the less privileged.

The Apostolic Carmel Educational Society is registered under the Societies Registration Act XXI of 1860. It runs the following institutions on the campus besides several others in the State.

- 1) St. Ann's College of Education
- 2) St. Ann's D. Ed College
- 3) St. Ann's Community College
- 4) St. Ann's Pre-University College
- 5) St. Ann's High School
- 6) St. Ann's National Institute of Open Schooling (NIOS)
- 7) Carmel School (CBSE)
- 8) St. Ann's Kannada Higher Primary School
- 9) St. Ann's Anganwady.





## Student's Personal Information - 2023-24

Recent stamp size  
Photograph  
(in school uniform to be  
affixed)

Name of Student.....

Class.....Div:.....Roll No.....

Date of Birth.....

Religion:..... Blood Group : .....

Caste ..... Sub Caste: .....

Student Aadhaar Number: .....

Mother Tongue:.....

Father's or Guardian's Name:.....

Father's Occupation.....

Father's Tel. No Office ..... Mobile.....

Father's Aadhaar Number:.....

Mother's Name.....

Mother's Occupation.....

Mother's Tel. No Office ..... Mobile.....

Mother's Aadhaar Number:.....

Residential Address: .....

Telephone No. (R).....

Name of the Brother/ Sister studying in the School:

a) Name.....Class.....

b) Name.....Class.....

Mode of Transport: Private/hired (Tick)

If hired: Driver's name..... Phone No.....

Specimen Signature of Father.....

“ “ Mother.....

“ “ Guardian.....

N.B.: This form, duly filled in by the parent or guardian is to be handed over to the class teacher before 30th June.



# Student's Personal Information - 2023-24

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Class.....Div:.....Roll No.....

Date of Birth.....

Religion:..... Blood Group : .....

Caste ..... Sub Caste: .....

Recent stamp size  
Photograph  
(in school uniform to be  
affixed)

Student Aadhaar Number: .....

Mother Tongue:.....

Father's or Guardian's Name:.....

Father's Occupation.....

Father's Tel. No Office ..... Mobile.....

Father's Aadhaar Number:.....

Mother's Name.....

Mother's Occupation.....

Mother's Tel. No Office ..... Mobile.....

Mother's Aadhaar Number:.....

Residential Address: .....

Telephone No. (R).....

Name of the Brother/ Sister studying in the School:

a) Name.....Class.....

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## THE SCHOOL MOTTO

1. Wheel of progress
  - Symbolizing onward march
2. Bird's upward flight
  - Symbol of pursuit of excellence, perseverance and purity
3. Mountain of Carmel
  - Symbol of contemplation
4. Cross surmounting the mountain
  - Symbol of triumph of suffering prayer
5. Lamp of Light
  - Prayer and dedication.

The school coat of arms is a clarion call to our youth for an onward march in an age of Electronics, IT and globalization, seeking heights of excellence through the powerful weapons of Prayer bravely facing all difficulties and suffering to achieve the goal.

## NATIONAL ANTHEM

Jana Gana Mana Adhinayaka Jaya he  
Bharatha Bhagya Vidhata  
Panjaba Sindhu Gujarata Marata  
Dravida Utkala Vanga  
Vindya Himachala Yamuna Ganga  
Uchchala Jaladhi Taranga  
Tava Shubha name Jage  
Tava Shubha ashisa Mage  
Gahe Tava Jaya Gatha  
Jana Gana Mangala Dayaka Jaya he  
Bharatha Bhagya Vidhatha-  
Jaya he, Jaya he, Jaya he  
Jaya Jaya Jaya Jaya he

## SCHOOL ANTHEM

Raised on high we lift our Carmel banner  
Rally around pace the ground together  
All unite to lift the flag on high.  
And pledge true loyalty this day till we die.

Carmel be our beacon light  
In this wild and tempestuous night  
Be our radiant guiding star  
O'er life's troubled sea  
Till dawns eternity.

Onward as we march along  
Do the right avoid all sin and wrong  
Look ahead and onward to a land far beyond  
Keep on till the prize is won.

## ನಾಡ ಗೀತೆ

ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ,  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ !  
ಜಯ ಸುಂದರ ನದಿ ವನಗಳ ನಾಡೇ,  
ಜಯ ಹೇ ರಸ ಋಷಿಗಳ ಬೀಡೆ!

ಭೂದೇವಿಯ ಮಕುಟದ ನವಮಣಿಯೆ,  
ಗಂಧದ ಚಂದದ ಹೊನ್ನಿನ ಗಣಿಯೆ;  
ರಾಘವ ಮಧುಸೂಧನರವತರಿಸಿದ  
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ!  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!

ಜನನಿಯ ಜೋಗುಳ ವೇದದ ಘೋಷ,  
ಜನನಿಗೆ ಜೀವವು ನಿನ್ನಾವೇಶ!  
ಹಸುರಿನ ಗಿರಿಗಳ ಸಾಲೇ,  
ನಿನ್ನಯ ಕೊರಳಿನ ಮಾಲೆ!  
ಕಪಿಲ ಪತಂಜಲ ಗೌತಮ ಜಿನನುತ,  
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ!  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!

ಶಂಕರ ರಾಮಾನುಜ ವಿದ್ಯಾರಣ್ಯ,  
ಬಸವೇಶ್ವರ ಮಧ್ವರ ದಿವ್ಯಾರಣ್ಯ.  
ರನ್ನ ಷಡಕ್ಷರಿ ಪೊನ್ನ,  
ಪಂಪ ಲಕುಮಿಪತಿ ಜನ್ನ.  
ಕುಮಾರವ್ಯಾಸರ ಮಂಗಳ ಧಾಮ,  
ಕವಿಕೋಗಿಲೆಗಳ ಪುಣ್ಯರಾಮ.

ನಾನಕ ರಮಾನಂದ ಕಬೀರರ  
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ!  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!

ತೈಲಪ ಹೊಯ್ಸಳರಾಳಿದ ನಾಡೆ,  
ಡಂಕಣ ಜಕಣರ ನೆಚ್ಚಿನ ಬೀಡೆ.  
ಕೃಷ್ಣ ಶರಾವತಿ ತುಂಗಾ,  
ಕಾವೇರಿಯ ವರ ರಂಗ.  
ಚೈತನ್ಯ ಪರಮಹಂಸ ವಿವೇಕರ  
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ!  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!


ಸರ್ವಜನಾಂಗದ ಶಾಂತಿಯ ತೋಟ,  
ರಸಿಕರ ಕಂಗಳ ಸೆಳೆಯುವ ನೋಟ!  
ಹಿಂದೂ ಕ್ರೈಸ್ತ ಮುಸಲ್ಮಾನ,  
ಪಾರಸಿಕ ಜೈನರುದ್ಯಾನ  
ಜನಕನ ಹೋಲುವ ದೊರೆಗಳ ಧಾಮ,  
ಗಾಯಕ ವೈಣಿಕರಾರಾಮ.

ಕನ್ನಡ ನುಡಿ ಕುಣಿದಾಡುವ ಗೇಹ!  
ಕನ್ನಡ ತಾಯಿಯ ಮಕ್ಕಳ ದೇಹ!  
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ!  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!  
ಜಯ ಸುಂದರ ನದಿವನಗಳ ನಾಡೆ,  
ಜಯ ಹೇ ರಸಋಷಿಗಳ ಬೀಡೆ!

## PLEDGE OF INDIA

India is my country. All Indians are my brothers and sisters. I love my country and I am proud of its rich and varied heritage. I shall always strive to be worthy of it. I shall give my parents, teachers and all elders respect and treat everyone with courtesy. To my country and my people, I pledge my devotion. In their well being and prosperity alone, lies my happiness.

**JAI HIND**



### **Carmel School, Mangaluru** **PREAMBLE**

The beginnings of Carmel School go back to the 1940s. In 1946 during the Post-Independence era, the Government adopted the policy of imparting education in the regional language. Some parents in the locality of St Ann's were desirous of getting English education for their children. An arrangement was made at St Ann's Convent to teach English to pre-schoolers in an informal set up. As this 'English School' gained in popularity, the Management decided to open an English Medium School in 1951 calling it Carmel English School. In 1964 it was recognized by the Education Department and got official approval for Standard One to Five. Permanent recognition up to Standard Seven was granted by the Department of Education in 1975-76.

Carmel School is a Christian Minority Educational Institution as per the Constitution of India, Article No.30 (1) and is affiliated to the Central Board of Secondary Education (CBSE), Ministry of Human Resource Development, Government of India, Delhi with Affiliation No. 830592.

Carmel School has the required permission from the Department of Education, Government of Karnataka to run a Central School.

Our Lady of Mount Carmel-our Mother Mary-is the Patroness of Carmel School. She is a model to the Staff and the Students of going out in loving service and moving forward with determination. Our Motto '**Ever Onward**' is a call to the students for an onward march in an age of Science and Technology. We strive to reach the height, the goal of sound education through Prayer and Academic Excellence, while at the same time making value based upright choices in the face of positive challenges and negative influences of the present society.

### **VISION STATEMENT**

Following Jesus, our Teacher and Model, under the guidance of our Mother of Carmel and drawing inspiration from the Charism of our Foundress, Mother Veronica, Carmel School, Mangaluru, envisages the full flowering of the potential of the students and become empowered to reach out in loving service to society.

### **MISSION STATEMENT**

Striving towards spiritual and ethical orientation, academic and intellectual excellence, emotional and social responsibility for the holistic education of our students, Carmel School, Mangaluru, will provide a caring and challenging environment for academic adeptness, opportunities for creative and critical prowess, fertile ground for spiritual aspirations, emotional competencies, humane capacities and environmental concern, thus to make a mark in life and be a leaven in society of Love, Truth, Peace and Justice.



## **GOOD PRACTICES TO FOLLOW INSPIRATIONAL GARDEN**

First plant five rows of peas:

Prayer, politeness, perseverance, promptness and purity. Next plant two rows of squash:

Squash criticism, squash indifference. Then Five rows of lettuce: Give God the first place;

Be tender, thoughtful and obliging; Believe in yourself;

Respect yourself, then others, especially the opposite gender;

Be courageous enough to say 'NO' to unwanted things, actions and friendships.

No garden is complete without turnips: Turn up with a smile;

Turn up with new ideas;

Turn up with determination to make everything count for something good and worthwhile,

Turn up to serve the Lord whenever He needs you.

## **BEST PRACTICES FOLLOWED**

Good conduct is your beauty

Handwriting says a million things about a person: Copywriting is compulsory for all students

Cleanliness is the first law of health: Importance is given to personal hygiene

Conserve energy to preserve future: Energy conservation is to be practised

A healthy body is always the result of healthy thoughts and feelings.

## **GENERAL INFORMATION**

### **REQUIREMENTS FOR ADMISSION**

1. Every candidate for admission must be introduced in person and withdrawal by a letter from one who is responsible for him/ her to the Principal.
2. Pupils coming from other Secondary Schools and Primary Schools should produce the "Transfer Certificate" issued by the Head of the School concerned, along with the Birth Certificate.
3. Applications for admission should be made in the prescribed form which can be obtained from the office and should be submitted along with the Transfer Certificate from the school last attended. Every pupil on admission, shall pay the prescribed fees.
4. The Application for Admission must be signed by the father or mother or in their absence by a guardian who has been authorized by the parents to do so. This letter of authorization must be filed with the admission form.
5. In the case of admission of pupils coming from Primary Schools or Secondary Schools, the date of birth as furnished in the Transfer Certificate will be taken as correct. In the case of pupils to be newly admitted, the correct date of birth should be furnished in the application for admission and necessary documentary evidence must also be produced.
6. Students belonging to SC/ST should submit a photocopy of the Caste Certificate at the time of admission.
7. Overseas students need to counter sign their transfer certificate by the embassy of India.
8. The Progress Report of the child designating her academic performance and involvement in co-curricular activities in the school last attended must be submitted.

## OFFICE HOURS

**Monday to Friday** : 8:30 a.m. to 4:00 p.m.

**Saturday** : 8:30 a.m. to 12:45 p.m..

**School work will not be transacted on Sundays and on Public Holidays.**

## VISITING HOURS

Teachers : On Open House Days and on Week Days between 3:15 and 4:30 p.m.

## SCHOOL TIMINGS

### Monday to Friday

**LKG Class** : 8:30 a.m. to 12:30 p.m.

**UKG Class** : 8:30 a.m. to 3:15 p.m.

**Classes I - X** : 8:30 a.m. to 3:30 p.m.

**On Saturdays: UKG Class** : 8:30 a.m. to 12.00 Noon

**Classes I - X** : 8:30 a.m. to 12.30 p.m.



## DISCIPLINE

1. Perfect silence should be maintained during the BELL for SILENCE and for PRAYER.
2. The students must come to school clean and tidy.  
The uniform should be clean and ironed. Skirts must be tailored just below knee length. Black or Blue Tights to be worn by all girl students compulsorily.
3. Nails must be well pared, not coloured.
4. Girls with long hair should plait them neatly using black hair-clips or hair-bands or ribbons only. Decorative items like ornaments, bangles, expensive watches, etc. are discouraged as they go against the very objective of school uniform. Boys must have a proper haircut/clean shave at all times. Low waist pants for boys are forbidden.

5. The prescribed foot wear from Monday to Saturday is black shoes with brown socks. However, black rainy shoes without socks are allowed during the rainy season from June to September.
6. When a teacher enters and exits from the class-room, the students are expected to stand respectfully in silence. The classes will commence and end with a silent prayer.
7. Pupils are expected to co-operate in keeping the premises of the school neat and tidy and therefore refrain from scribbling on the walls, furniture and scattering bits of paper. Any damage done within the school premises must be compensated by the one who does it.
8. The class leaders and deputy leaders shall render their smiling service with obedience whenever needed, in and outside the premises.
9. No student shall leave the classroom without the permission of the concerned teacher.
10. Any pupil found loitering in the school premises shall be seriously dealt with.
11. During off-hours, whether before or after school hours, during the short break or during the long recess, pupil's behavior will be subject to appraisal and correction.
12. Irregular attendance, neglecting of home assignments, disobedience and disrespect towards members of the staff or bad moral influence justify dismissal. Pupils are responsible to the school authorities for their conduct both in and outside the school.
13. Textbooks and notebooks should be covered neatly.
14. In order to acquire good command of the English language which is the medium of instruction for all the subjects, children should speak only in English in the school premises.
15. There will be occasional checking of bags by the teachers.

16. With regard to conduct, pupils of the school shall always bear in mind the good name of the institution.
17. Any kind of disobedience towards teachers or school authorities will be dealt seriously.
18. No monetary collection for any purpose will be made in the school without the prior permission of the Principal.
19. Catholic pupils are advised to go for confession at least once a month and every day for mass if possible.
20. It is mandatory to wear the prescribed school uniform daily by the students. Any additional item like the scarf, burqua, shawl and other objectionable gear are not permitted to be worn with the uniform in the school campus.
21. Students are not permitted either individually or in group to hold activities or worship, other than those organized by the school authority within the School Campus.
22. Books, Umbrellas, Tiffin-Carriers etc., should have a name or mark by which the owner can be easily known and all unclaimed articles should be brought to the Principal's Office.
23. No pupil is exempted from games, yoga and physical training without a medical certificate.
24. Students found cheating during examination, will not be allowed to answer the rest of the papers.
25. Students are not allowed to go to cinemas or picnics without the permission of their parents or guardians.

NOTE: 1. Anybody going against the above rules will be issued warning cards by the Principal, after ONE reminder.

2. Parents' whole-hearted co-operation is expected in these matters to maintain discipline and decorum in the school.

## **ATTENDANCE AND LEAVE RULES**

1. Attendance adding up to 75% of the total number of working days is compulsory for all students.
2. Students should reach the school at least 10 minutes before the bell. Late comers will be marked PL (Present but Late).
3. Parents who are desirous of taking their children home during working hours (in case of emergency) should come in person and get the permission from the Principal by submitting a written request.
4. Pupils must be punctual for class; those who come late or who have been absent on the previous day must bring the late attendance or absence record signed only by their parents.
5. If the absence is for 2 or more working days or if it is during any test or Exam, he/she must obtain permission from the Principal and the permission will be granted only in authentic situations.
6. Continuous absence for 15 days from school without permission will lead to the removal of the student's name from the school register. The school authorities will have full discretion in this matter.
7. Attendance is compulsory on the re-opening day, the last working day, on all the days of tests and examinations and all the days of State and National importance.
8. Extension of vacation by prefixing or suffixing leave is strictly prohibited. Absence before/after vacation or long holidays will be viewed very seriously. A fine of Rs. 200/- per day will be levied for days of absence before/after vacation or long holidays, if no prior permission is obtained by the parents from the Principal or if on return the parents do not justify the absence to the satisfaction of the Principal. This will

apply in the case of all kinds of unauthorized absence at other times too.

9. A student returning to school after suffering from an infectious or contagious disease should produce a doctor's certificate permitting her to do so.

## **PARENTAL CO-OPERATION**

1. Parents are requested to co-operate with the school authorities in matters of discipline, regular hours of study at home and regular attendance at school. Tuitions are discouraged.
2. Parents should follow up the academic progress of their children with interest and meet the concerned teachers between 3.30 p.m. & 4.00 p.m. to ascertain from the teachers the conduct and progress of the students. They are requested not to enter the classrooms and see individual teachers during class hours, except on the day of Open House.
3. Parents are requested not to allow their children to bring any money to school without the permission of the Principal except the money absolutely needed, for instance, for the bus, etc.
4. Parents should encourage their children to fully participate in all the co-curricular activities and the work experience drawn up by the school.
5. Students are not permitted to go to hotels and outside canteens for noon - meals or snacks.
6. Payment of school fees for the whole year could be done before the commencement of the academic year. In case of inability to do so you are permitted to pay in two installments. The 2nd installment should be paid by the 30th of September.

7. Pupils who have not paid the fees will not be permitted to sit in the class or to answer their examination.
8. A written letter signed by the parent or guardian of the pupil is needed to send the pupil along with other persons' during school hours.
9. All communications from the school regarding home work, assignments, tests, exams, competitions, payment of fees etc will be sent to the parents through SMS and parent app. Parents are requested to download parent's app, check and follow them up. If parents do not receive such information regularly, they are requested to bring it to the notice of the Office Staff immediately.
10. Change of telephone nos. should be entered in the School Diary and brought to the notice of the office staff.
11. Parents are recommended to make use of the page set apart in this Diary for their own remarks.
12. Parents are requested not to allow children to bring CD's, iPods, Cameras, mobile phones, videogames or similar gadgets to the school. There will be surprise checking of students and their belongings and if a student is found with any of these gadgets, the same will be confiscated and returned only at the end of the year. Any violation of this rule will attract disciplinary action.
13. The teachers should not be criticized by the parents in the presence of students. Legitimate complaints should be brought to the notice of the Principal without delay. Anonymous letters/phone calls will not be considered.
14. Parents have a responsibility to encourage modest, decent dressing habits, conforming to acceptable social norms, amongst children from very early stages of their development.
15. Parents are expected to help their ward to improve academically by checking their progress reports after every evaluation
16. Parents will keep the child at home when suffering from contagious or infectious diseases.



## **LIBRARY AND COMPUTER CENTRE**

Libraries and Computer Centre are two significant and integral components of the School. The school is equipped with a modernized library and computer centre. Students are expected to use them with great assiduousness and care, for their mental and intellectual growth.

Students shall co-operate with the Library and Computer Centre Staff, in maintaining order and restraint. Students shall take care not to lose, damage or destroy any of the materials, fixtures and equipments that are provided. Any loss or damage will have to be made good by the student concerned.

Students are expected to make use of the School Library to collect information to write their assignments. Marking, underlining and writing on the books is strictly not allowed. Dog-earing of the pages in the books is strictly forbidden.

## TESTS, EXAMS AND PROMOTION

1. The assessment structure and examination comprises of two Terms and each Term consists of:
  - a) Periodic Assessment
    - \* Periodic Test
    - \* Note Book Submission
    - \* Subject Enrichment Activities
  - b) Half Yearly and Yearly Written Exam
2. 2. Achievement Records/ Academic Performance: progress report has to be signed by the parent on the day of open house.

*I have read the above rules and will do all I can to see that my child/ward keeps to all the rules. She/he may be penalized according to your discretion if rules are unheeded.*

Date:

Parent's/Guardian's Signature



I have read the rules and regulations of the school calendar (2023-24) and will do all I can to see that my child/ward keeps to all the rules. She/He may be penalized according to your discretion if rules are unheeded.

Date:

Parent's/Guardian's Signature



## MAY 2023

<b>1</b>	<b>Monday</b>	*	<b>May Day (PH)</b>
2	Tuesday		
3	Wednesday		
4	Thursday		
5	Friday		
6	Saturday		
<b>7</b>	<b>Sunday</b>		
8	Monday		
9	Tuesday		
10	Wednesday		
11	Thursday		
12	Friday		
13	Saturday		
<b>14</b>	<b>Sunday</b>		
15	Monday		
16	Tuesday		
17	Wednesday		
18	Thursday		
19	Friday		
20	Saturday		
<b>21</b>	<b>Sunday</b>		
22	Monday		
23	Tuesday		Re opening of school for the staff, Orientation for the staff
24	Wednesday		Orientation for the Staff
25	Thursday		Orientation for the Staff
26	Friday		
27	Saturday		
<b>28</b>	<b>Sunday</b>		
29	Monday		Re opening of school for classes I - X
30	Tuesday		
31	Wednesday		

Self belief and hardwork will always earn you success.  
(All Sundays and days marked \* are holidays. The rest are working days)

## JUNE 2023

1	Thursday		New academic year commences for LKG
2	Friday		
3	Saturday		
4	<b>Sunday</b>		
5	Monday		Celebration of World Environment Day Class IX B
6	Tuesday		Environthon: Mono act - VI to X Poster making - III to V Eco friendly card making - I to II
7	Wednesday		
8	Thursday		} Spell Bee Competition (I - X) World Oceans Day
9	Friday		
10	Saturday		
11	<b>Sunday</b>		
12	Monday		World Day against Child Labour - Class IX C
13	Tuesday		
14	Wednesday		World Blood Donor Day
15	Thursday		
16	Friday		Healthy Tiffin with Millets - I to V Cooking without fire Competition - VI to X
17	Saturday		
18	<b>Sunday</b>		
19	Monday		
20	Tuesday		World Refugee Day
21	Wednesday		International Day of Yoga - Class IX A
22	Thursday		
23	Friday		Periodic Test I - IX and X
24	Saturday		
25	<b>Sunday</b>		
26	Monday		International Day Against Drug Abuse
27	Tuesday		Good Manners Week
28	Wednesday		Assembly - Good Conduct - VI C Love for Nature - III A
29	<b>Thursday</b>	*	<b>Bakrid</b>
30	Friday		Staff Meeting

**'Yoga is a mirror to look at ourselves from within.'**

(Bulletin Board: VIII A (1-10), VIII B: (11-21), VIII C (22-30)

## JULY 2023

1	Saturday	Doctors' Day
2	<b>Sunday</b>	
3	Monday	Ludo - III to V    Table Tennis - VI to X
4	Tuesday	
5	Wednesday	Vanamahotsava - Class X A
6	Thursday	
7	Friday	
8	Saturday	Colour of Life and Hope (Green Day) - Kindergarten Students
9	<b>Sunday</b>	
10	Monday	
11	Tuesday	World Population Day; Assembly - Respect VIII B; Gratitude - III B
12	Wednesday	} 'Carmel Fest': Hamari Samskriti Se Fitness-Folk Dance competition - Class VI to X } Fancy Dress Competition-KG to III. } Tell A Tale Competition- IV -V
13	Thursday	
14	Friday	
15	Saturday	Mount Carmel Feast -X C
16	<b>Sunday</b>	<b>Feast of our Lady of Mount Carmel</b>
17	Monday	
18	Tuesday	
19	Wednesday	Master Mind- Puzzles and Sudoku (I to X)
20	Thursday	
21	Friday	Recitation (Hindi) - I to V Essay Writing (Hindi)- VI to X - Organized by Hindi Club Animators
22	Saturday	
23	<b>Sunday</b>	
24	Monday	
25	Tuesday	Assembly-Class VIII C-Tolerance; Hard work- III C
26	Wednesday	<b>Feast of St Anne</b>
27	Thursday	Periodic Test I - I to VIII
28	Friday	Staff Meeting
29	Saturday	* Muharram
30	<b>Sunday</b>	
31	Monday	

**'Plant a tree, make the earth pollution free'**  
**(Bulletin Board: VII A (1-10), VII B: (11-21), VIIC (22-31))**

## AUGUST 2023

1	Tuesday		
2	Wednesday		
3	Thursday		Assembly- Civic Sense-VII C; Faith in God - II A
4	Friday		Chess -I to X Organized by Sports Club Faculty
5	Saturday		Singing Competition - KG
6	<b>Sunday</b>		
7	Monday		
8	Tuesday		Patriotic/Folk Song (Kannada) - I to X
9	Wednesday		
10	Thursday		
11	Friday		Assembly - Loyalty- VII B; Honesty - II B
12	Saturday		
13	<b>Sunday</b>		
14	Monday		
15	Tuesday		Independence Day Celebration - X B
16	Wednesday	}	Note Books Checking - Class IX & X
17	Thursday		Class I & II
18	Friday		Class III & IV
19	Saturday		Class V-VIII
			Tri Colour Day for KG
20	<b>Sunday</b>		
21	Monday		World Senior Citizens Day - VIII C
22	Tuesday		Science and Technology: Fancy dress- IV to V Science Drama - VI to X
23	Wednesday		
24	Thursday		
25	Friday		
26	Saturday		
27	<b>Sunday</b>		
28	Monday		
29	Tuesday		National Sports Day - VI B
30	Wednesday		
31	Thursday		Staff Meeting

**'You can't win unless you learn how to lose.'**  
**Bulletin Board: IX A (1-10); IX B (11-20); IX C (21-31)**



## SEPTEMBER 2023

1	Friday		
2	Saturday		National Nutrition Week Fancy Dress Competition - KG
3	<b>Sunday</b>		
4	Monday		Slogan Writing on Hindi Diwas (Hindi) - I to V Poster Making on Hindi Diwas (Hindi) - VI to X
5	Tuesday		Teachers' Day - VIII A
6	Wednesday		
7	Thursday		
8	Friday		Nativity of Blessed Mary - VII C
9	Saturday		
10	<b>Sunday</b>		
11	Monday		Chart making on Types and Uses of Millets - I to V Collage on health benefits of Millets - VI to VII Healthy recipes of Millets - IX and X
12	Tuesday		
13	Wednesday		
14	Thursday		Hindi Diwas - VII B
15	Friday		
16	Saturday		Fruits Day - KG
17	<b>Sunday</b>		
18	Monday		
19	Tuesday	*	Ganesh Chathurthi
20	Wednesday		
21	Thursday		Assembly : Discipline - VI A ; Unity - I A
22	Friday		
23	Saturday		
24	<b>Sunday</b>		
25	Monday		
26	Tuesday		
27	Wednesday		
28	Thursday	*	Eid-E-Milad
29	Friday		World Heart Day - VII A, Staff Meeting
30	Saturday		

**'Teachers inspire the smallest hearts to grow big enough to change the world'**

**Bulletin Board: X A (1-10); X B (11-20); X C (21-30)**

## OCTOBER 2023

1	<b>Sunday</b>		International Day for Older Persons - Social Service Club
2	Monday		<b>Gandhi Jayanthi</b> - III C and II C, Closing ceremony of Bi Centenary of the Birth Anniversary of Mother Veronica
3	Tuesday		Cleanliness Drive Week
4	Wednesday		Volley Ball - VI to X; Carrom - I to V
5	Thursday		
6	Friday		
7	Saturday		Clay Modeling - KG Chart making: Mathematicians - I to V Magic Brush: Geometric Shapes - VI to X
8	<b>Sunday</b>		
9	Monday		
10	Tuesday		
11	Wednesday		
12	Thursday		
13	Friday		
14	<b>Saturday</b>	*	<b>Mahalaya Amavasye</b>
15	Sunday		
16	Monday		
17	Tuesday		
18	Wednesday		
19	Thursday		
20	Friday		
21	Saturday		
22	<b>Sunday</b>		
23	<b>Monday</b>	*	<b>Mahanavami</b>
24	<b>Tuesday</b>	*	<b>Vijaya Dashami</b>
25	Wednesday		
26	Thursday		UNO Day - VI C
27	Friday		Vigilance Awareness Week
28	<b>Saturday</b>	*	<b>Maharshi Valmiki Jayanthi</b>
29	<b>Sunday</b>		
30	Monday		Pick and Speak (Kannada) - VI to X Draw our Flag - I to V
31	Tuesday		Rashtriya Ekta Diwas - VI A, Staff Meeting

**'The future depends on what we do in the present.'**

**Bulletin Board: V A (1-10 ), V B (11-20 ), V C ( 21-30 )**

## NOVEMBER 2023

1	Wednesday		Kannada Rajyotsava - X B
2	Thursday		
3	Friday		Assembly: Patience -VIII A: Truth - I B
4	Saturday		Dance Competition- KG
5	<b>Sunday</b>		
6	Monday		Tell A Tale: Short Story Telling - I to VII Declamation: VIII to X
7	Tuesday		Periodic Test III - IX and X
8	Wednesday		
9	Thursday		
10	Friday		Deepavali - X A
11	<b>Saturday</b>		<b>Kanakadasa Jayanthi (PH)</b> / National Education Day
12	<b>Sunday</b>	*	Deepavali
13	Monday	*	Deepavali
14	Tuesday		Children's Day
15	Wednesday		Desh Bhakthi Geeth (Hindi)- I to V Pick and Speak (Hindi) -VI to X
16	Thursday		
17	Friday		
18	Saturday		
19	<b>Sunday</b>		Establishment Day - Carmel Blossoms
20	Monday		
21	Tuesday		Throw Ball - VI to X
22	Wednesday		Assembly: Cooperation - VI B; Generosity - I C
23	Thursday		
24	Friday		Annual Sports Meet
25	Saturday		
26	<b>Sunday</b>		Constitution Day of India - X C
27	Monday		
28	Tuesday		
29	Wednesday		Assembly: Positive attitude -VII A; Cleanliness II C, Staff Meeting
30	<b>Thursday</b>	*	<b>Kanakadasa Jayanthi</b>

**' Children are the world's most valuable resource and its best hope for the future.'**

**Bulletin Board: VI A (1-10), VI B (11-20), VI C (21-31)**

## DECEMBER 2023

1	Friday		World AIDS Day - Social Service Club
2	Saturday		
3	<b>Sunday</b>		International Day of Disabled Persons - Class V C and IV C
4	Monday		
5	Tuesday		} Note Books Checking - Class IX & X Class I&II Class III & IV Class V - VIII
6	Wednesday		
7	Thursday		
8	Friday		
9	Saturday		Human Rights Day - Class IV A and IV B
10	<b>Sunday</b>		Human Rights Day
11	Monday		
12	Tuesday		Periodic Test II - I to VIII
13	Wednesday		First Preparatory for class - X
14	Thursday		
15	Friday		
16	Saturday		Festive Day Celebration - KG
17	<b>Sunday</b>		
18	Monday		Model Making (Mathematics) - I to VIII Mathematics Quiz - IX and X
19	Tuesday		
20	Wednesday		Festive Fiesta (Carol Competition) - Class VI- X
21	Thursday		Festive Card Making - KG
22	Friday		National Mathematics Day - II A and II B
23	Saturday		Christmas Celebration - VIII A, Staff Meeting
24	<b>Sunday</b>		
25	<b>Monday</b>	*	<b>Christmas (PH)</b>
26	Tuesday		
27	Wednesday		
28	Thursday		
29	Friday		
30	Saturday		
31	<b>Sunday</b>		

**'Mathematics gives us hope, that every problem has a solution.'**

**Bulletin Board: IV A (1-10), IV B (11-20), IV C (21-31)**

## JANUARY 2024

1	Monday		New Year Day - Class III A and III B
2	Tuesday		
3	Wednesday		
4	Thursday		
5	Friday		Assembly: Friendship - IV A
6	Saturday		Street play on 'Mera Bharat Mahan'- VI to VIII
7	<b>Sunday</b>		
8	Monday		Preparatory Exam II - Class X
9	Tuesday		Assembly: Compassion - IV B
10	Wednesday		
11	Thursday		
12	Friday		National Youth day - VIII B
13	Saturday		Elocution Competition - KG Creative Writing (Kannada) - VI to X Action Song (Kannada) - I to V
14	<b>Sunday</b>		
15	<b>Monday</b>	*	<b>Makara Sankranti (PH)</b>
16	Tuesday		
17	Wednesday		Assembly - Class VIII A - Patriotism
18	Thursday		
19	Friday		Art, Craft, Science, Maths, Social Science Exhibition
20	Saturday		
21	<b>Sunday</b>		
22	Monday		
23	Tuesday		Assembly: Patriotism- IV C
24	Wednesday		
25	Thursday		
26	Friday		Republic Day - V A and V B
27	Saturday		Rainbow Day - KG
28	<b>Sunday</b>		
29	Monday		
30	Tuesday		Martyrs' Day - VIII C
31	Wednesday		

**'All power is within you; you can do anything and everything'**

**Bulletin Board: III A (1-10), IIIB (11-20), III C ( 21-31 )**

## FEBRUARY 2024

1	Thursday		
2	Friday		Debate (English) - VI to VIII Vocabulary Bowl - I to V
3	Saturday		Craft Making - KG
4	<b>Sunday</b>		
5	Monday		Assembly: Equality - V C
6	Tuesday		
7	Wednesday		Tenniquois - V to VIII
8	Thursday		Kabaddi - VI to X
9	Friday		
10	Saturday		
11	<b>Sunday</b>		
12	Monday		
13	Tuesday		Class X Valedictory Program - Class IX A B C
14	Wednesday		Assembly: Sharing - V B
15	Thursday		
16	Friday		
17	Saturday		Story Telling - KG
18	<b>Sunday</b>		
19	Monday		
20	Tuesday		Assembly: Importance of family - V A
21	Wednesday		Mathrbhasha Diwas - I A, I B and I C
22	Thursday		Thinking Day - Scouts, Guides, Cubs and Bulbuls
23	Friday		
24	Saturday		Science Exhibition - I to X
25	<b>Sunday</b>		
26	Monday		
27	Tuesday		
28	Wednesday		National Science Day - VII B
29	Thursday		

**'Global science global wellbeing.'**

**Bulletin Board: II A ( 1-10), II B ( 11-20), II C (21-28)**

## MARCH 2024

1	Friday		
2	Saturday		
3	<b>Sunday</b>		
4	Monday		
5	Tuesday		
6	Wednesday		
7	Thursday		International Women's Day VII A, VII B and VII C
8	<b>Friday</b>	*	<b>Mahashivarathri (PH)</b> / International Women's Day
9	Saturday		
10	<b>Sunday</b>		
11	Monday		
12	Tuesday		
13	Wednesday		
14	Thursday		
15	Friday		
16	Saturday		
17	<b>Sunday</b>		
18	Monday		
19	Tuesday		
20	Wednesday		
21	Thursday		Kindergarten Graduation Day
22	Friday		World Water Day
23	Saturday		
24	<b>Sunday</b>		
25	Monday		
26	Tuesday		
27	Wednesday		
28	Thursday		
29	<b>Friday</b>	*	<b>Good Friday</b>
30	Saturday		
31	<b>Sunday</b>		

**'Women are the epitome of strength and courage'.**

**Bulletin Board: I A (1-10), I B (11-20), I C (21-31)**

## APRIL 2024

1	Monday		World Health Day
2	Tuesday		
3	Wednesday		
4	Thursday		
5	Friday		
6	Saturday		
7	Sunday		
8	Monday		
9	<b>Tuesday</b>	*	<b>Ugadi</b>
10	<b>Wednesday</b>	*	<b>Eid al Fitr</b>
11	Thursday		
12	Friday		
13	Saturday		
14	<b>Sunday</b>		<b>Dr B R Ambedkar Jayanti</b>
15	Monday		
16	Tuesday		
17	Wednesday		
18	Thursday		
19	Friday		
20	Saturday		
21	<b>Sunday</b>	*	<b>Mahavir Jayanthi</b>
22	Monday		<b>Basava Jayanthi/ Khutub E Ramzan</b>
23	Tuesday		
24	Wednesday		
25	Thursday		
26	Friday		
27	Saturday		
28	Sunday		
29	Monday		
30	Tuesday		

‘Life should be great, rather than long.’



# TEACHER'S REMARKS

Date	Remark	Teacher's Signature	Parent's Signature

# TEACHER'S REMARKS

Date	Remark	Teacher's Signature	Parent's Signature

ABSENCE AND LEAVE RECORD				
Date of Absence	No. of Days	Reason	Parent's Signature	Teacher's Signature

**Note :** Leave will not be granted by the Principal except in cases of genuine emergency. Leave applications must be signed by parents / guardian and submitted in advance. In case of absence for more than 3 days due to illness, a Medical Certificate will be required.

ABSENCE AND LEAVE RECORD				
Date of Absence	No. of Days	Reason	Parent's Signature	Teacher's Signature

**Note :** Leave will not be granted by the Principal except in cases of genuine emergency. Leave applications must be signed by parents / guardian and submitted in advance. In case of absence for more than 3 days due to illness, a Medical Certificate will be required.

# LATE-COMING RECORD

Date	Time	Teacher's Initials	Principal's Initials	Date	Time	Teacher's Initials	Principal's Initials

LATE-COMING RECORD

Date	Time	Teacher's Initials	Principal's Initials	Date	Time	Teacher's Initials	Principal's Initials

## BOOKS I HAVE READ

Date	Title	Author	Remarks

\* Certificate will be issued for the students who read maximum number of books

## **In His Time**

In His time, in His time,  
He makes all things beautiful in His time.  
Lord, please show me every day  
As You're teaching me Your way,  
That you do just what You say in Your time.

In Your time, in Your time,  
You make all things beautiful in Your time.  
Lord, my life to You I bring,  
With its winter and its spring,  
May I fathom everything in Your time.

There's a time, there's a time  
Both for sowing and for reaping there's a time,  
Time for losing, time for gain,  
Time for joy and time for pain,  
Every purpose under heaven has a time.

## **On This School Your Blessing**

On this school your blessing, Lord  
On this school your grace bestow;  
On this school your blessing, Lord  
May it come and never go  
Bringing peace and joy and happiness  
Bringing love that knows no end.  
On this school your blessing, Lord,  
On this school your blessing sends.

On this school your loving, Lord  
May it overflow each day,  
On this school your loving, Lord  
May it come and with us stay.  
Drawing us in love and unity  
By the love received from you  
On this school your loving, Lord  
May it come each day anew.



## **Veronica We Remember You**

Veronica, we remember you  
With filial love and gratitude  
Veronica, we honour you,  
We celebrate your greatness true.

Through education you changed the hearts  
Through healing care you brought joy to lives  
Even more than these as we think of you  
We celebrate your holiness true.

You loved the poor and neglected ones  
You prayed and worked for abandoned ones  
You fixed your gaze on Jesus Christ  
To please him, Mother, you spent your life.

On this our joy-filled day  
With loyal hearts we sing this day  
Your hidden life and zeal indeed  
Inspires us in prayer and deed.

## **I Just keep Trusting**

I Just keep trusting my Lord, as I walk along.  
I Just keep trusting my Lord,  
And he gives me a song  
Tho' the storm clouds darken the sky  
O'er the heavenly trail  
I just keep trusting my Lord, He will never fail.

He is a faithful friend (2) such a faithful friend (2)  
I can count on him (2) to the very end (2)

## **What thanks O Lord**

What thanks O Lord, can I render Thee,  
For all the gifts Thou hast showered on me  
Each day I will sing of Thy praise and glory,  
Praise and glory.

1. Give thanks to the Lord for He is good,  
Yes, eternal is His love,  
Though I walk in the midst of affliction,  
He stretches His hand to save.

## **Just like a child**

Just like a child who trusts his father dear  
And who delights to feel his presence near,  
Just like a child whose mind has not a doubt,  
And whose heart is never proud.

Here I come, O Lord,  
Here I come just like a child.  
Here I come, O Lord,  
Here I come just like a child.

Just like a child so weak he cannot stand,  
But who holds firm and tight his mother's hand  
Just like a child who sings in bright day light,  
Fearing not the long dark night.

## **Showers of blessings**

There shall be showers of blessing,  
This is the promise of love.  
There shall be seasons refreshing,  
Sent from the Saviour above.

Showers of blessing,  
Showers of blessing we need;  
Mercy drops round us are falling  
But for the showers we plead.

There shall be showers of blessing,  
Send them upon us, O Lord;  
Grant to us now a refreshing  
Come and now honour thy word.

### **Great indeed are your works**

Great indeed are your works, O Lord,  
Now and evermore.  
Great indeed are your works, O Lord,  
Now and evermore  
The Universe night and day  
Tells of all your wonders  
You are our life and our light,  
We shall praise you always.

### **O Give thanks to the lord**

O give thanks to the Lord  
For He is good (3),  
Yes, eternal is His love.

I will sing to my God never ceasing,  
All my life, I will tell of His wonders,  
He's the maker of all, earth and heaven,  
Of the ocean, the seas and all they hold.  
The Almighty is faithful forever,  
He is just to the poor and the outraged,  
It is He who gives bread to the hungry,  
Who delivers the captives from their chains.

## **God still loves the world**

Every tiny star that twinkles in the night sky  
Every drop of morning dew  
Every spark of fire blazing in the furnace  
Every captivating view,  
Every rainbow in the sky,  
Every pretty butterfly  
Tells the fascinating news to those who dare to hope  
And the message is;

God still loves the world  
God still, still loves the world,  
So throw your life into His hands  
Day by day discern His plans;  
God is passionately busy loving you and me.

Every ocean wave that breaks upon the sea-shore  
Every stalk of golden wheat,  
Every silver stream that gushes down the mountains,  
Every drop of honey sweet,  
Every eagle flying high, every worm that wriggles by tells.....

## **I have come to thee**

**Ch : I have come to thee to take Thy touch before I begin my day.**

1. Let Thy eyes rest upon my eyes for a while
2. Let me take to my work the assurance of Thy comradeship, my friend.
3. Fill my mind with Thy music to last through the desert of noise.

## ದೇವಾ ನಾ ಆರಾದಿಪೆ

ದೇವಾ ನಾ ಆರಾದಿಪೆ ನಿನ್ನನ್ನು ನಾ ಪೂಜಿಪೆ  
ಪಾರ್ಥನೆಯ ನಾ ಮಾಡುವೆ ಕೀರ್ತನೆಯ ನಾ ಹಾಡುವೆ

1. ಜೀವನವು ನನಗಂದು ನೀ ನೀಡಿದೆ  
ಆ ಜೀವನಕೆ ಸೊಬಗನ್ನು ದಯಪಾಲಿಪೆ
2. ಜೀವನದ ಪಥವನ್ನು ನೀ ತೋರಿದೆ  
ಆ ಪಥದಲ್ಲಿ ಬೆಳಕಿನಗೆ ನೀನಾಗಿದೆ
3. ಜೀವನದಿ ಸುಖ ಶಾಂತಿ ನೀ ನೀಡಿದೆ  
ದುಃಖದಲ್ಲಿ ಜೊತೆಯಲ್ಲಿ ನೀ ಸಾಗುವೆ

## हे प्रभु

हे प्रभु दिल के मंदिर में है तू  
सागर की लहरों में  
कोयल की गानों में  
जहाँ देखूँ तू ही तू।

बागों में खिले फूल सब  
तुझको ही वंदे आराधे  
ऊँचे गगन के पंछी ने  
महिमा ये तेरी गाएँ।

ये धरती ये चाँद- सितारें  
तेरी स्तुति वंदना गाएँ  
नदी और सागर मिल के  
महिमा ये तेरी गाएँ ।

ठंडी-ठंडी हवाएँ  
लिख तेरी प्रेम कहानी  
घूँ-घूँ गरजता बादल  
बोले तेरी प्रेम तराने।

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TIME TABLE 2023-24							
Period/Day	Morning Assembly						
	1	2	Short Break				
Monday	3	4	5	Lunch Break			
	6	7	Short Break				
Tuesday	8	Remedial Teaching hour	Closing Prayer				
Wednesday							
Thursday							
Friday							
Saturday							



## **Prayer before Class**

O God, You are the truth and the Origin of Knowledge;  
Bless our studies,  
Enlighten our minds, strengthen our memories;  
And direct our will towards what is right;  
Grant us to seek the truth always and make us truly wise.

## **OUR FATHER**

Our Father, who art in heaven,  
hallowed be thy name;  
Thy kingdom come, Thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread and  
forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

## **Angel of God**


Angel of God who art my guardian  
Enlighten guard, direct and govern me  
this day and all the days of my life.  
My good guardian angel watch over me.





## **OUR FATHER**

**Our Father who art in heaven,  
hallowed be Thy name;  
Thy Kingdom come Thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread and  
forgive us our trespasses as  
we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil Amen.**





**Give Thanks to the Lord...**

(Ps.136:1)

**INTERNATIONAL  
YEAR OF  
MILLETS  
2023**

